



**2023/2024**

# **ANNUAL REPORT**

**TAMA COUNTY  
PUBLIC HEALTH  
& HOME CARE**

# FROM THE DIRECTOR

In 2023/2024, Tama County Public Health & Home Care was able to get back to the “norm” after the COVID-19 pandemic! We had several long-term staff members retire, making way for senior staff to move into new positions in the agency and the hiring of new staff! We were able to focus on our long-standing programs and services and bring new opportunities to the County.

We completed the Community Health Assessment-Community Health Improvement Plan (CHA-CHIP) (available on our website: [https://www.tamacounty.iowa.gov/public\\_health/cha\\_chip/](https://www.tamacounty.iowa.gov/public_health/cha_chip/) ). The CHA-CHIP is completed by utilizing County specific data on health factors, communications with community groups and partners, and the assessment of survey results from community members. The top concerns found are obesity and physical activity, elderly wellness, access to care, and mental health.

We continued to provide home health services, communicable disease investigations, animal bite follow up, CPR training, Coffee Talks, TB program participation, attend health fairs, provide clinical opportunities for area nursing students, support the Medical Reserve Corp of volunteers, provide socialization opportunities for seniors and families and build our social media presence on Facebook. We have many wonderful programs to support families and residents in achieving health: Supporting Kids in Prevention, the Nest Program, homemaking, Foot Care Clinics, Blood Pressure Clinics, Local Emergency Preparedness Coalition and are active members of the Council on Aging, to name a few.

New concerns for Public Health also came along. We continued to educate and provide information on potential health threats such as Measles, Bird Flu and the alarming increase in Cancer rates in Iowa.

We continue to build our programs and workforce to provide exceptional care and be efficient in our Public Health response. A special thank you to our Board of Health for their support and knowledge as we navigate the world of Public Health and always to our wonderful staff!

*Shannon Zoffka, CEO/Executive Director*

# **TAMA COUNTY BOARD OF SUPERVISORS**

**BILL FAIRCLOTH - CHAIRMAN (7/23-12/23)  
CURT HILMER - CHAIRMAN (1/24-6/24)  
DAN ANDERSON**

## **TAMA COUNTY BOARD OF HEALTH**

**SHERRY PARKS - CHAIRMAN  
DR POLLY HINEMAN - VICE-CHAIR  
SALLY CUSTER - MEMBER  
MICKI FERRIS - MEMBER  
CASEY SCHMIDT - MEMBER**



# TCPH ADVISORY BOARD

MELINDA SHARFF-EGGERS - CHAIRMAN

MIKE BUCHANAN - VICE-CHAIR

BECKY HEEREN - MEMBER

BRUCE MCELTREE - MEMBER

MIKE MARQUESS - MEMBER

## FINANCE COMMITTEE

SHERRY PARKS, PA-C

BOARD OF HEALTH MEMBER

MELINDA SHARFF-EGGERS

ADVISORY BOARD MEMBER

JOHN KAVALIER

MEMBER AT LARGE

# Our Employees



Shannon Zoffka,  
CEO/Executive Director



Lori Johnson,  
Assistant Director/CFO



Chris Behrens,  
Environmental Health  
Officer

# Our Employees

## Nursing Staff



Penny Tyynismaa,  
Clinical Manager



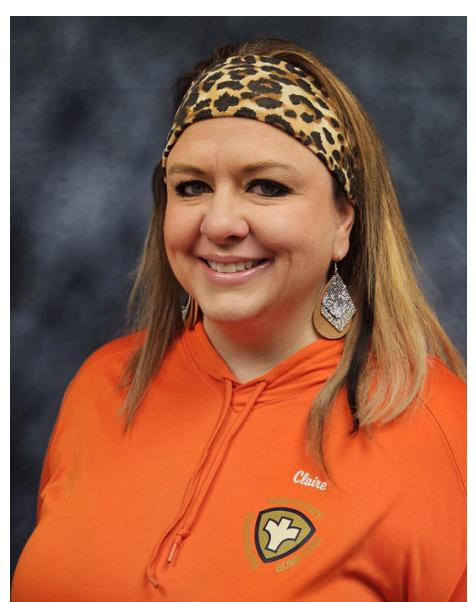
Beth Eberle,  
HCA Supervisor/RN



Lee Anna Kriegel,  
Registered Nurse



Kelly Purk,  
Registered Nurse



Claire Shefchik,  
Registered Nurse

# Our Employees

## Home Care Aides



Gina Hoskey,  
Home Care Aide



Gayle Walker,  
Home Care Aide



Heather Guillen,  
Home Care Aide



Tracy Hathaway,  
Home Care Aide



Robin Riffle,  
Home Helper

# Our Employees

## Support Staff



Lori Johnson,  
Assistant Director/CFO



Jolynn Harger,  
Executive/Fiscal Assistant



Tracy Hathaway,  
Office Assistant



Missy Massengale,  
Office Assistant

# Services Provided 2023-2024

148 Clients received  
1,969 Skilled Nursing  
Visits

100 Clients received  
780 Physical Therapy  
Visits

77 Clients received  
409 Occupational  
Therapy Visits

41 Homemaker Clients  
received 1,284 visits,  
totaling 1,726 hours  
of service

97 Home Health Aide  
Clients received 2,898  
visits, totaling  
2,197.25 hours of  
service

15 Clients received 69  
Speech Therapy Visits

5 Respite Clients  
received 97 visits,  
totaling 186 hours of  
service

50 Health Promotion  
visits were performed  
for 44 Clients

# Services Provided 2023-2024

54 Coffee Talks were held with 293 people attending

100 Blood Pressures taken at Blood Pressure Clinics

12 Communicable Disease Cases Followed

24 Animal Bites Followed

119 People Received Education at the Nest

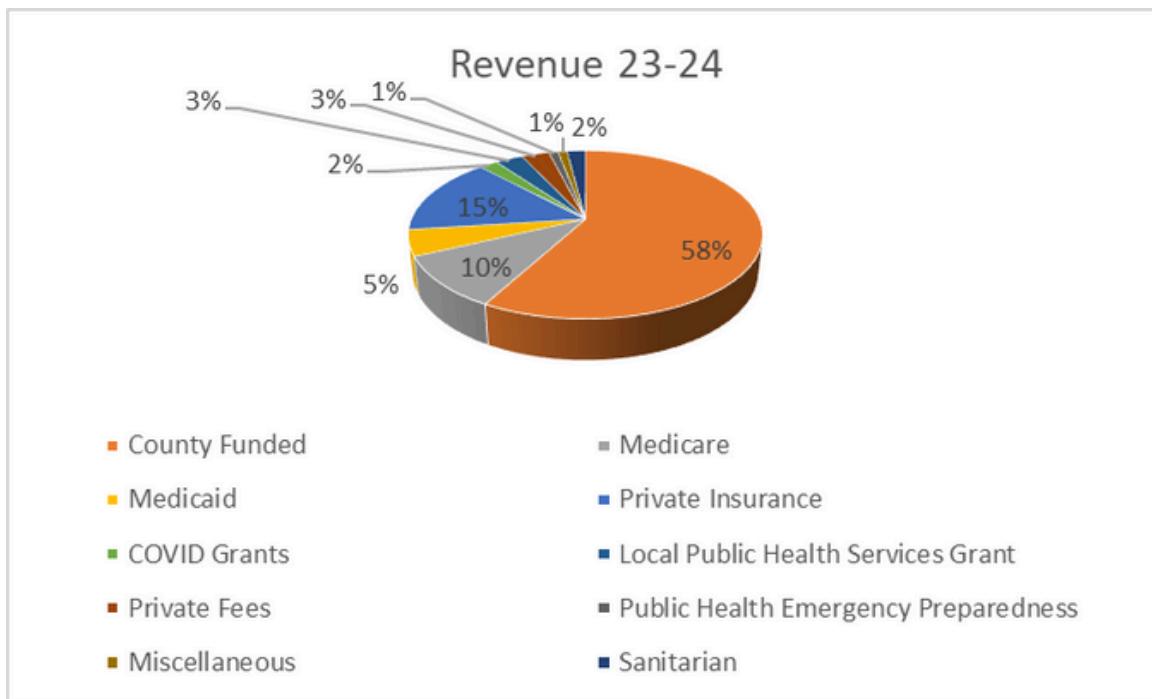
3 Maternal Health Clients received 5 Visits

6 TB Cases Followed

192 Pairs of Feet Served at Foot Clinics



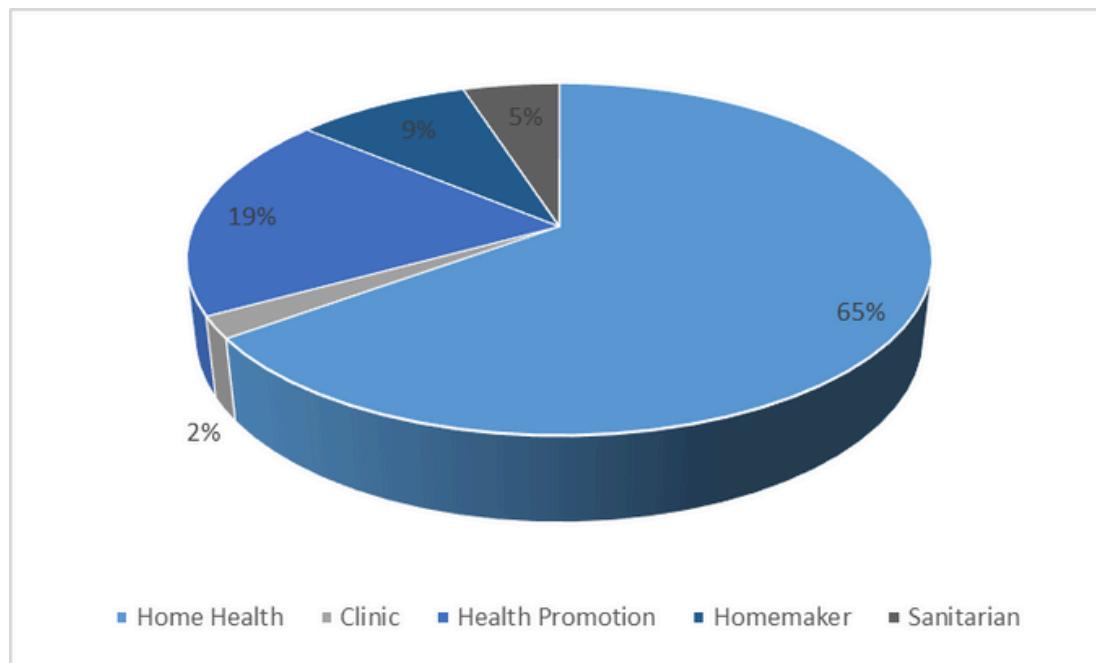
**Public Health**  
Prevent. Promote. Protect.



Revenue	Amounts	%
County Funded	\$ 1,061,401.71	58%
Medicare	\$ 186,235.44	10%
Medicaid	\$ 94,882.53	5%
Private Insurance	\$ 283,807.88	15%
COVID Grants	\$ 29,399.32	2%
LPHS Grant	\$ 54,268.25	3%
Private Fees	\$ 46,673.85	3%
PHEP	\$ 10,229.38	1%
Miscellaneous	\$ 17,006.96	1%
Sanitarian	\$ 36,788.69	2%
<b>Total</b>	<b>\$ 1,820,694.01</b>	<b>100%</b>

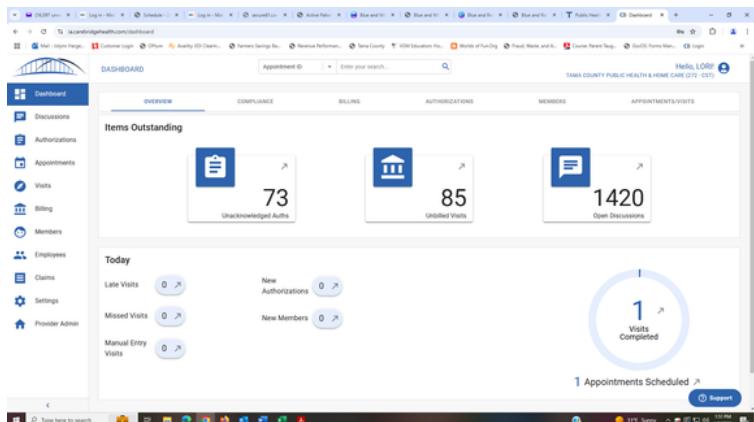
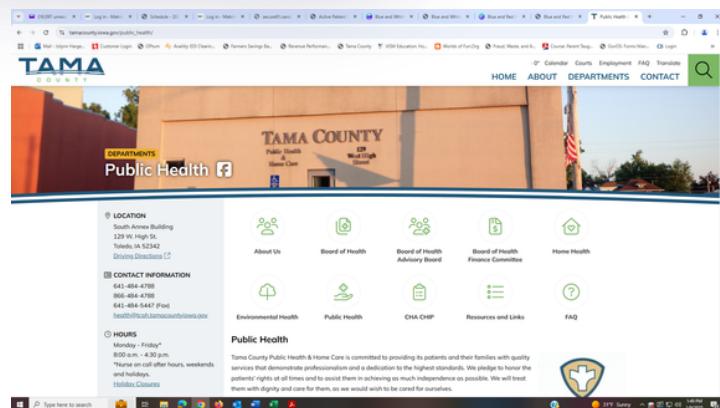


Programs	Expenditures	%
Home Health	\$ 1,179,596.97	65%
Clinic	\$ 45,221.82	2%
Health Promotion	\$ 350,871.22	19%
Homemaker	\$ 161,637.30	9%
Sanitarian	\$ 83,366.70	5%
<b>Totals</b>	<b>\$ 1,820,694.01</b>	<b>100%</b>



# Year in Review

July 2023 - Tama County has launched a new website and it is up and running. Our department spend a lot of time training on how to use the site and setting up how we wanted the TCPH&HC page to work.



August 2023 - Kelly Purk, Registered Nurse, started on August 7th.

Electronic Visit Verification will be mandatory effective 1/1/24 for Skilled Nurse, Therapy and Aide Visits. Staff have attended trainings on how to use this with the Home Care patients.

September 2023 - Brenda Bridges, LPN, retired on September 15th after working here for 23 years.

New Home Care Aide Heather Guillen started September 11th.



October 2023 - Beth Eberle began her duties as Home Care Aide Supervisor on October 2nd.

Claire Shefchik and Kelly Purk attended and OASIS Training on October 25 & 26.

A Breast Cancer Awareness Open House was held on October 25th.



November 2023 - Employee Flu Shot Clinics were held in November and 64 shots were given.

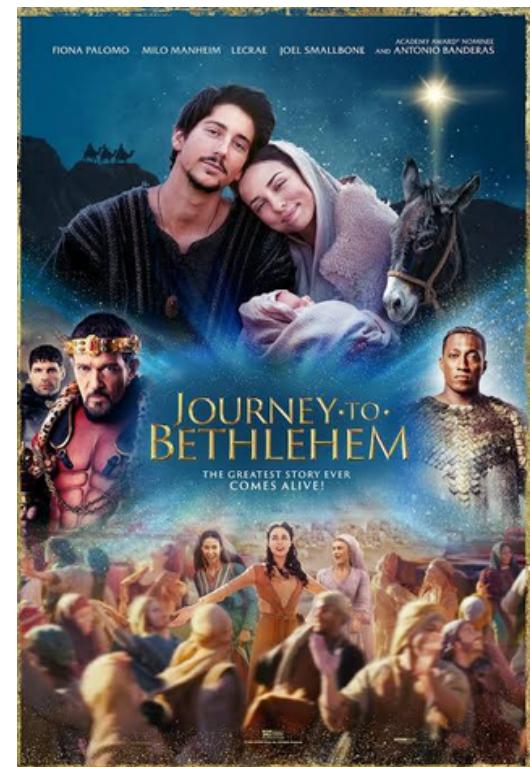
5 Year Revalidation with Medicare was completed.

Carebridge Electronic Visit Verification Training for the RN's and Aides was completed by Jolynn Harger.



December 2023 - December 12th we hosted a movie day at the Wieting Theatre for Seniors 60+. 94 people were in attendance to see the movie Journey to Bethlehem. This was to encourage Senior Socialization.

An All Staff Training Day was held on December 6th. CPR Training and a Table Top Exercise was completed.





January 2024 - Chris Behrens attended the two day IOWWA Conference in Cedar Rapids.

Shannon attended meetings with People Rides to discuss transportation concerns for Tama County.

February 2024 - TCPH&HC worked with Marshalltown Community College to provide community health clinical experience for 3 nursing students.

Shannon attended the Region 1 Contractor Meeting.

Shannon attended the Region 7 Medical Reserve Corp Development Workshop.



March 2024 - Working with Windstream to figure out why we received a bill for over \$5,000 for service at the Iowa Juvenile Home during COVID Clinics. This was supposed to be provided for free, Lori is working on getting this resolved.



STATE HEALTH REGISTRY OF IOWA

The Iowa Cancer Registry's Annual Cancer in Iowa Report was released and Iowa continues to have the 2nd highest and fastest growing rate of new cancers in the US.

**April 2024 - Movie Nights were held in Gladbrook and Toledo to promote spending time as a family. 182 people attended these events.**

**Government Day was held on April 10th. Over 150 students attended. Public Health had an activity where the student was given a disease and at the end of the presentation they saw if they lived or died from that disease prior to vaccinations being available.**

**6 staff were recognized for Years of Service.**

**Tracy Hathaway, Office Assistant/CNA, retired after 15 years of service.**

**Tama County Public Health & Home Care**  
Tama County awarded employees for Years of Service today. Tama County Public Health & Home Care had 6 of our employees receive awards for years of service. From left to right: Jolynn Harger - 20 years, Tracy Hathaway - 15 years, Lori Dixon-Johnson - 40 years, Lee Anna Kriegel - 5 years, and Gayle Walker - 15 years. Not pictured: Shannon Zoffka - 5 years. We are thankful for our employees and their dedication to Tama County!

APR 15, 2024

1 like 1 heart Tracey Waline Herink + 59

10 comments 5 shares

**May 2024 - Supper with Super Heroes was held on May 16th, 288 Burgers were grilled.**

**Nick Kalas, Field Epidemiologist, conducted a site visit. This centered around how our Agency conducts disease investigations for individuals living on the Meskwaki Settlement.**



June 2024 - Avian Flu Information from Iowa Health & Human Services was shared with staff.

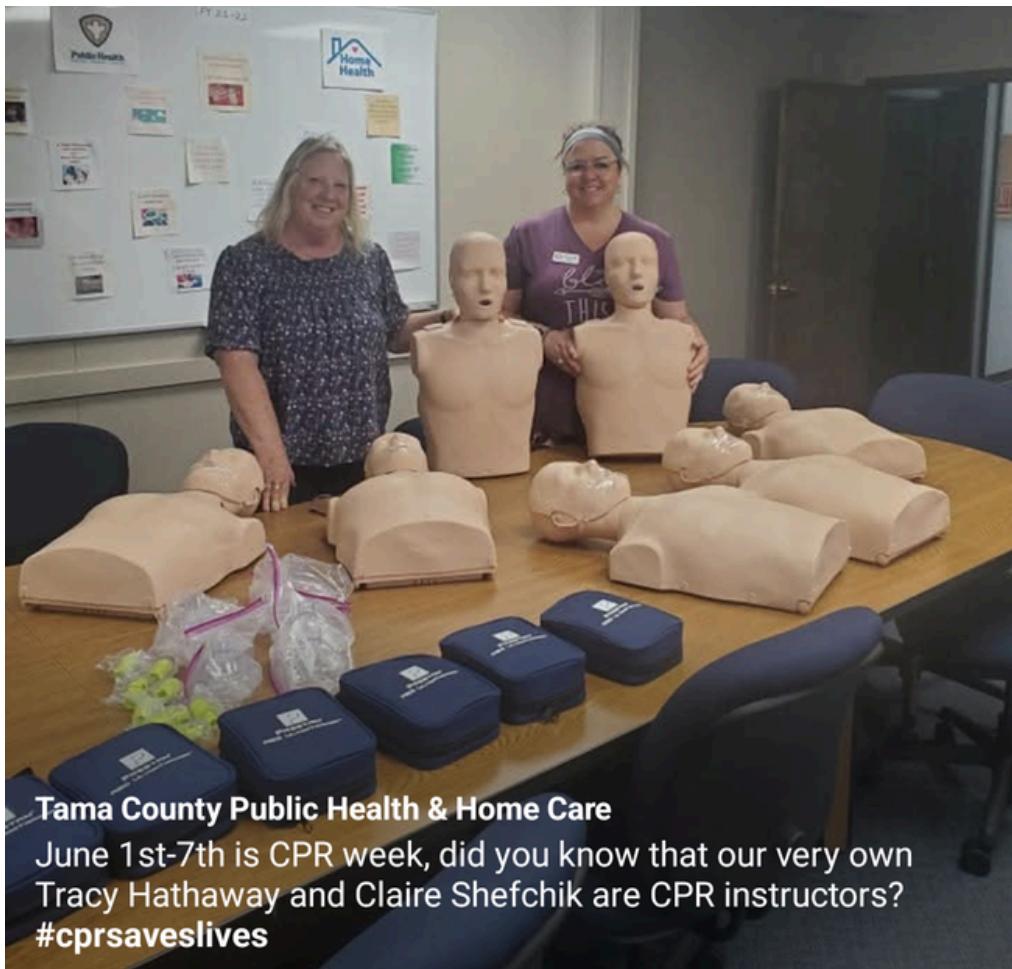


TCPH&HC had a booth at the Iowa Premium Health Fair on June 12th.

The County informed us about a new time and attendance program that was starting. TCPH&HC already has several plans and policies in place to track staff time and whereabouts due to being a Medicare Certified agency. After Board discussion it was voted by members to keep our Agency going the way it was without the new program.

Shellina Putney, Home Care Aide, began employment on June 25th.





### Tama County Public Health & Home Care

June 1st-7th is CPR week, did you know that our very own Tracy Hathaway and Claire Shefchik are CPR instructors?  
#cprsviveslives

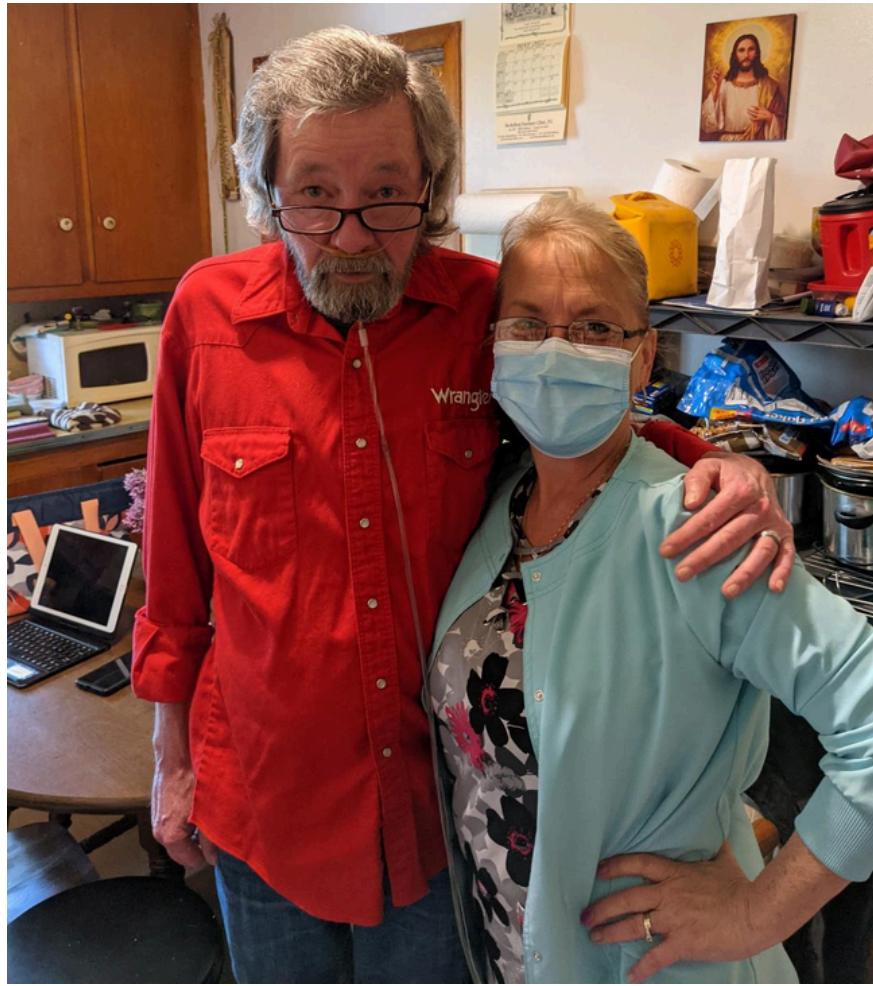


### Community Support for Nest Program



Home Health

# Home Health



## Tabletop Exercise





HCA Staff: Gayle, Gina, Beth, Robin



Chris working with a Contractor



# Staff CPR Training